

## TEACHER WELLBEING

Using excellent facilities and stunning locations of our venues to

### REFRESH AND RENEW ENTHUSIASM

#### If I didn't have to teach I would be really on top of my job.....

*The School Wellbeing Report highlighted the need to 'prioritise teacher wellbeing and for support services to work together to boost the physical and mental health of teachers, therefore improving their effectiveness in the classroom.' It is widely recognised that teaching is an increasingly challenging profession, with pupil behaviour, malicious allegations and government pressure to increase standards all making a serious impact on the wellbeing of teachers. 'Healthy, resilient and motivated teachers have positive implications for society as a whole, because their wellbeing undoubtedly impacts on pupil wellbeing, student attainment and overall school performance.*

Whilst there are many high cost opportunities available, many of our Partner Schools have recognised the benefits to their pupils of simply getting away together to a lovely and uplifting location. We are now offering our venues to teachers (and their families if appropriate) for this same purpose. We provide a light-hearted programme of activities, comfortable budget accommodation and good food with a special meal with wine for the middle evening. Walks along the beach and coastal paths, a dip in the heated pool or soak in the hot tub at East Dene often do more to promote meaningful discussion between colleagues than seminars and workshops.

A favourite Allnatt quote comes from Johan Huizinga (Homo Ludens; a study of the play element in culture).

"A play community tends to remain permanent even after the game is over...The feeling of being "apart together" in an exceptional situation, of sharing something important, of mutually withdrawing from the rest of the world and rejecting the usual norms, retains its magic beyond the duration of the individual game."

#### The Programme Price includes:

Full Board and Lodging from Evening Buffet on Arrival day to breakfast on Departure Day • A full but relaxed programme of activities and seminars/ discussion groups tailored to your needs • A special meal with wine on the second evening • Use of the heated outdoor pool at both venues and the Hot Tub at East Dene.

<b>Spring Term 2012</b> Mon 20 <sup>th</sup> Feb-Fri 30 <sup>th</sup> Mar	<b>Autumn Term 2012</b> Mon 27 <sup>th</sup> Aug-Fri 19 <sup>th</sup> Oct
£80 per person per weekend	£80 per person per weekend
1 free leader : 15 students Additional leaders £31 per night	1 free leader : 15 students Additional leaders £31 per night

Please add vat at the current rate to all prices

